

Who said I love you first?

Who is the best cook?

Which cartoon character is your spouse most like?

What is your spouse's greatest talent / gift?

Who has the most style?

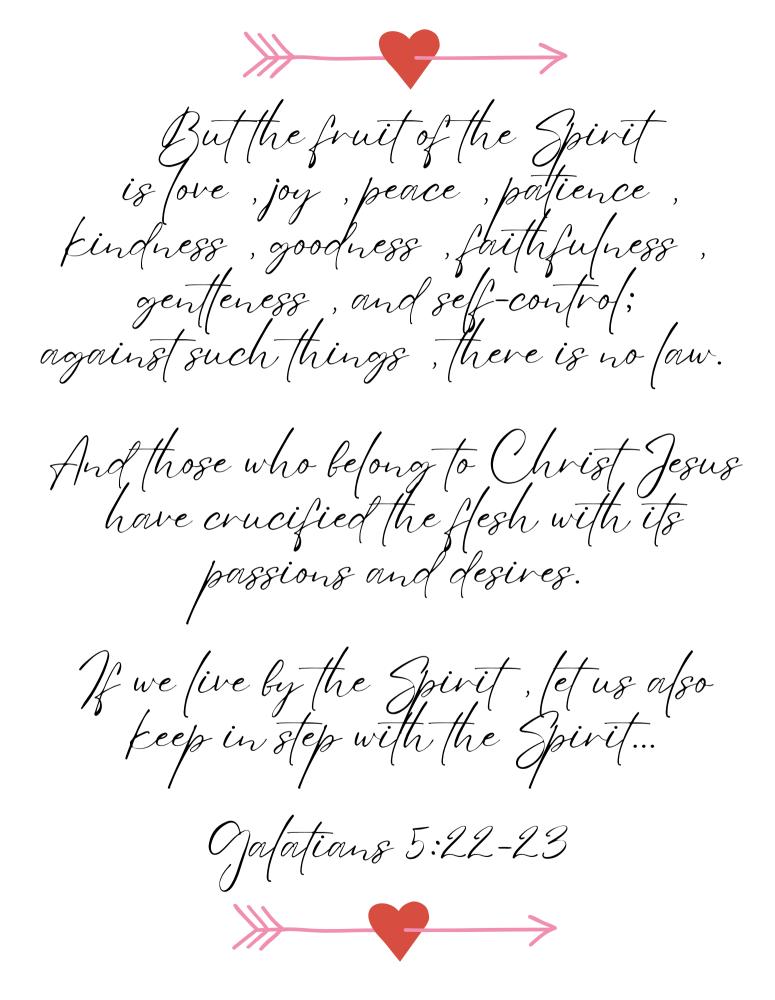
Who is the better driver?

Who is the early bird?

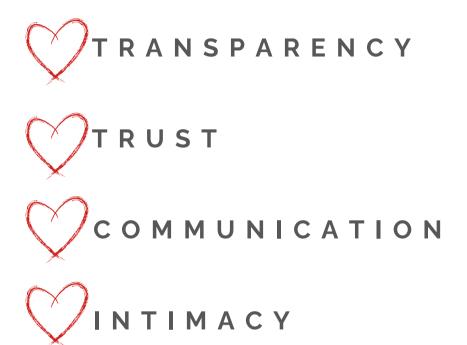
Who is most likely to deal with the spider?

Who leaves the most messes around the house?

What is your spouse's favorite meal?



4 PRINCIPLES FOR A THRIVING MARRIAGE



Effective only when our flesh is fully surrendered to the Holy Spirit's leading!

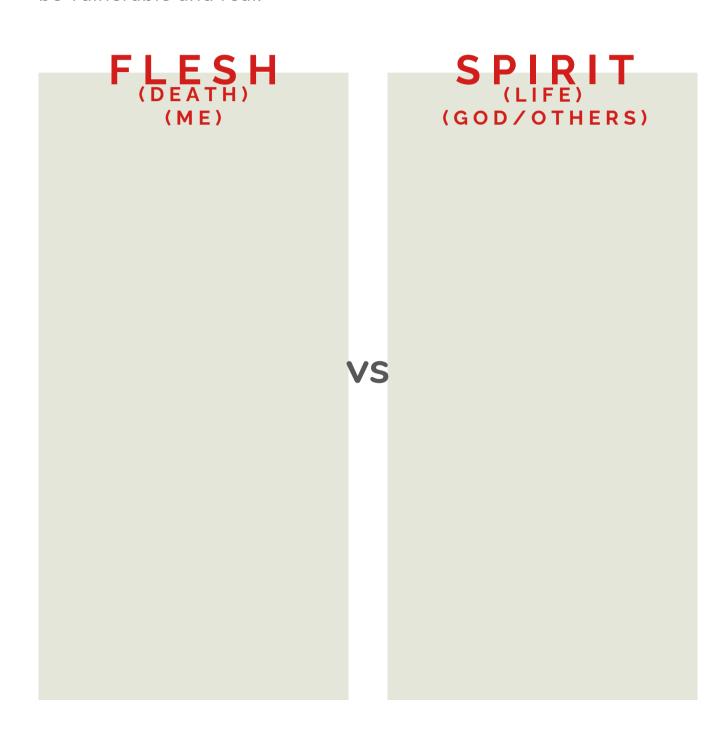


Transparency in a marriage is about a willingness to be open and honest about how you are feeling and how you are doing.





Trust is the foundation of a solid marriage, not just by being faithful to one another but by offering a **safe and secure space** to be vulnerable and real.



Communication

Communication is the sending and receiving of information from one's thoughts to another. Effective communication in a marriage happens when you are **intentional and thoughtful with your words** in order to speak life and maturity into your relationship.

FLESH
(DEATH)
(ME)

SPIRIT
(LIFE)
(GOD/OTHERS)

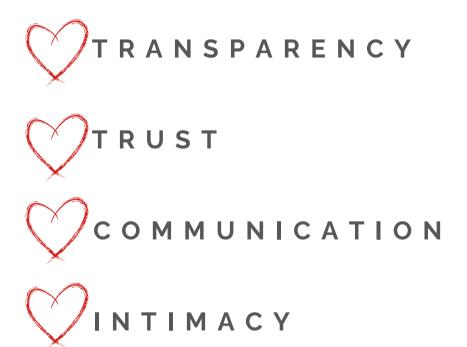
VS



Most of us think about sex when we hear this word, however true intimacy encompasses not just the physical but the emotional and spiritual as well. (3 in 1!) Intimacy is developed by transparency, trust, and good communication.

(GOD/OTHERS)

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"Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? How can you say to your brother, 'Let me take the speck out of your eye,' when all the time there is a plank in your own eye?"

Matthew 7:3-4



"Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things."

Philippians 4:8

About Us



We are a married team, **Tim & Gina Wessel**. We have been married for 31 years and have 3 adult children. We both have had successful careers in **business and in ministry** and have leaned into our experiences to launch our coaching business. We are especially **passionate about equiping parents** to raise their kids to be **leaders rather than followers** in a world that threatens their unique faith and family values.







LIFE COACHING

Healing the Past & Creating the Future

MARRIAGE COACHING

Loving & Being
Loved

FAMILY COACHING

Leaving a Legacy in the Everyday Rhythm of Life



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